



## DIRECTIONS FOR USE

### VIS ALPIN ALPINE SALT LOZENGES

Please read the Directions for Use completely and thoroughly. Please contact your doctor or pharmacist if you need more information or advice.

#### In which areas do VIS ALPIN alpine salt lozenges help?

VIS ALPIN alpine salt lozenges help combat inflammation of the throat and pharynx. The special salt and elderberry combination forms a protective film over the pharyngeal mucosa, thus calming and alleviating throat pain. The salty film formed by sucking on the lozenge creates a barrier against viruses and bacteria, moistens mucous membranes and protects them against dehydration.

#### Indications for VIS ALPIN alpine salt lozenges:

- start of a sore throat
- inflammation of the throat and pharynx
- raw throat or coughing fits

#### What do VIS ALPIN alpine salt lozenges contain?

VIS ALPIN alpine salt lozenges consist of alpine salt from the Salzkammergut and organic elderberry juice from the Styrian alpine region.

**Other ingredients:** Sugar, glucose syrup, organic apple vinegar

#### How should you use VIS ALPIN alpine salt lozenges?

Always use VIS ALPIN alpine salt lozenges as instructed.

#### Children and toddlers from the age of 4 years

Up to 4 lozenges a day

#### Children from the age of 8 years and adults

Up to 6 lozenges a day

For optimal effect and to allow the soothing fruity elderberry fragrance to unfold, you should let VIS ALPIN alpine salt lozenges melt slowly on your tongue.

VIS ALPIN alpine salt lozenges can be taken over a longer period of time, e.g. if your mouth feels dry or your throat is itchy.

#### What do you have to note when taking VIS ALPIN alpine salt lozenges?

Do not take VIS ALPIN alpine salt lozenges if you have hypersensitive reactions to the ingredients they contain. Please contact your doctor or pharmacist if your symptoms do not subside within a week or if they worsen.

We are not aware of any interactions with other products or side-effects when the VIS ALPIN alpine salt lozenges are used as intended. There are no findings to indicate that the VIS ALPIN alpine salt lozenges should not be taken during pregnancy or lactation.

#### How should you store VIS ALPIN alpine salt lozenges, and how long can they be used?

The use-by date is indicated on the external packaging of VIS ALPIN alpine salt lozenges. Stop using the medical product once the use-by date has passed.

Keep the product out of the reach of children.

 <sup>25°C</sup> Do not store over 25°C.

### More information for you:

Dosage form: lozenges for oral use  
Package size: 8, 16, 24, 40 units (not all packs may be marketed)  
Information last revised: March 2020

 Medical product



#### Legal Manufacturer:

MoNo chem-pharm Produkte GmbH, Leystraße 129, 1200 Vienna, Austria

#### Distribution Austria:

Sigmapharm Arzneimittel GmbH, Vienna, Austria

**VIS ALPIN® is a trademark of Green Healthcare GmbH.**

### Do you have any further questions?

Please contact our Green Healthcare customer service:

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phone: +43 699 147 336 42

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### 100% NATURAL ALPINE INGREDIENTS:

#### Alpine salt

Salt has existed within the massive rock formations of the Salzkammergut for 250 million years, protected from any influences of the environment. This has allowed the alpine salt to retain its purity and integrity, which is why it contains extremely important minerals and trace elements.

#### Alpine elderberry

Elderberry is appreciated mostly for its high vitamin C content, which strengthens our body's defences and our immune system. The untreated elderberries from the Styrian Alps are of particularly high quality. The clear, clean mountain air and untreated

soils make for an intensive aroma and ensure outstanding effectiveness.

### What does VIS ALPIN stand for?

VIS ALPIN uses the healing power of herbs, plants and minerals for natural medicine from our Alps.

### 100% Alps

We only use plants, herbs and minerals from the Alps to produce VIS ALPIN medical products. Their effect has been confirmed by centuries of use as well as several scientific studies.

### 100% natural

100% of the herbal active ingredients of agricultural origin used in VIS ALPIN products come from organic cultivation. Furthermore, the products do not contain any auxiliary materials or additives, thus offering natural medicine in its purest form.

